



NOBLE

INSTITUTE OF HEALTH & PROFESSIONAL STUDIES

Hyderabad, Sindh

CURRICULUM

BS MIDWIFERY

04 YEARS

DEGREE PROGRAM

4 years Programme – Course Layout

Year I - Semester I-II

Year	Semester	Courses	Theory	Clinical	Total
Year 1	Semester 1	1. Foundation for Midwifery			3 credit hours
		2. Pakistan Studies			3 credit hours
		3. Anatomy and physiology			3 credit hours
		4. Midwifery Skills			3 credit hours
		5. Microbiology			
		6. English 1 (reading and listening)			3 credit hours
					18 Cr.
	Semester 2	1. Information and Communication Technology			3 credit hours
		2. Communication skills			3 credit hours
		3. Midwifery Sciences 1 (Bio-Chemistry/Physics)			3 credit hours
		4. Health assessment for women and newborn			2 credit hours
		5. Numeracy (Mathematics)			
		6. Life Cycle Nutrition			2 credit hours
					18 Cr.

Year II - Semester III-IV

Year	Semester	Courses	Theory	Clinical	Total
Year 2	Semester 1	1. Breast feeding and lactation management 1			3 credit hours
		2. Care during Healthy Pregnancy			3 credit hours
		3. Midwifery Sciences 2			3 credit hours
		4. Pharmacology for Midwives 1			3 credit hours
		5. English 2- (Writing skills)			
		Midwifery practicum I			18 Cr.
	Semester 2	1. Pharmacology for Midwives 2			3 credit hours
		2. Care for normal Labour/Birth			3 credit hours
		3. Breast feeding and lactation management 2			3 credit hours
		4. Health Education & Counselling			2 credit hours
		5. Ethics and Laws			2 credit hours
					15 Cr.

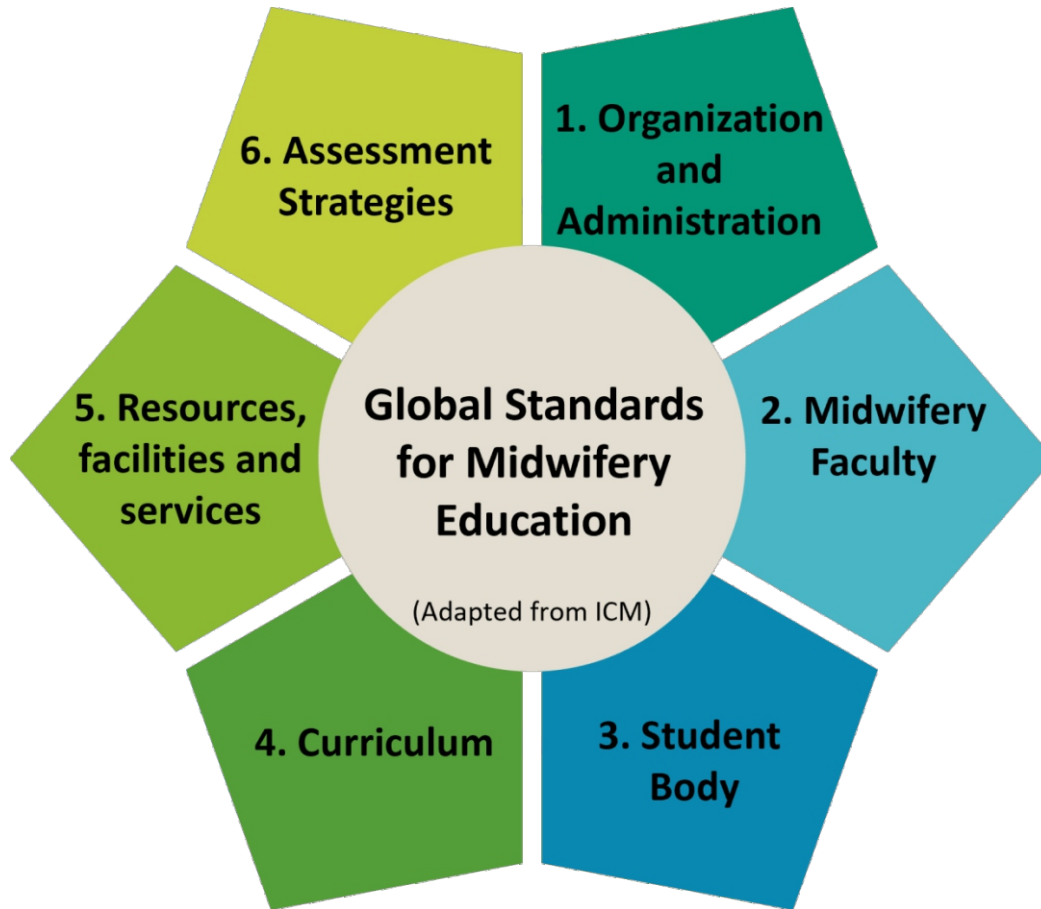
Year III - Semester V-VI

Year	Semester	Courses	Theory	Clinical	Total
Year 3	Semester 1	1. Public Health for Midwives			3 credit hours
		2. Care during Healthy PP/NB & Family			3 credit hours
		3. English III (Speaking)			3 credit hours
		4. Respectful Maternity care			3 credit hours
		5. Family planning and post abortion care			3 credit hours
		6. Islamiyat			
		Midwifery practicum II			18 Cr.
	Semester 2	1. Complications during Pregnancy			3 credit hours
		2. Complications during Labour/Birth			3 credit hours
		3. Biostatistics for Midwives			3 credit hours
		4. Sexual & Reproductive Health			3 credit hours
		5. Cultural diversity and family care			3 credit hours
					18 Cr

Year IV - Semester VII-VIII

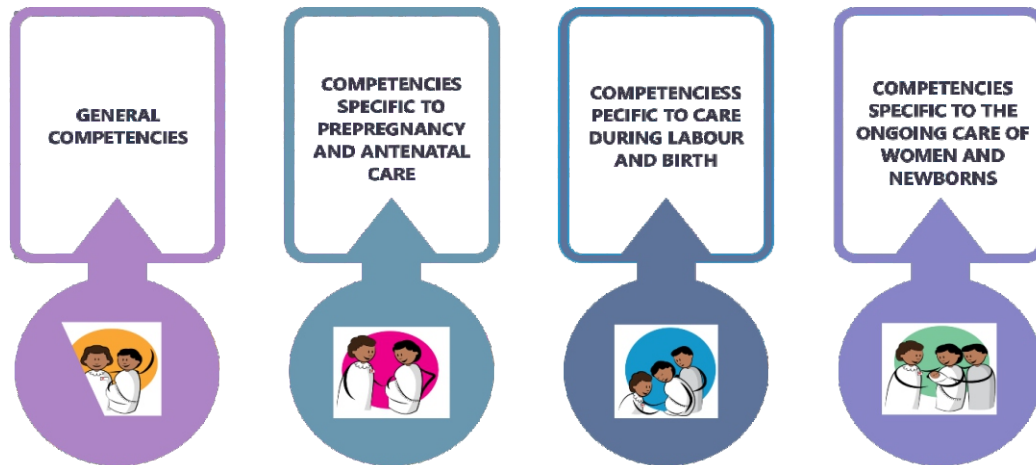
Year	Semester	Courses	Theory	Clinical	Total
Year 4	Semester 1	1. Research and Reproductive epidemiology			3 credit hours
		2. Perinatal Mental Health			3 credit hours
		3. Early Childhood Development			3 credit hours
		4. Integrated Management of Childhood Illness & Immunization			
		5. Complications during PP/NB & Families			
		Midwifery practicum III			18 Cr.
	Semester 2	1. Evidence Based Practicum – Project based			3 credit hours
		2. Role Transition for midwives			3 credit hours
		3. Professional Trends and Issues in Midwifery			3 credit hours
		4. Alternative and complimentary therapies in midwifery			3 credit hours
					15 Cr.
Total		45 courses			45*3 = 135 credit hours
					135 Cr. Hours

Global Education Standards



Adapted from (ICM's Global Standards for Midwifery Education, 2013)
For detailed version visit (Annexure A)

Essential Core Competencies: (Adopted and adapted from ICM)



1. GENERAL COMPETENCIES

- Assume responsibility for own decisions and actions as an autonomous practitioner
- Assume responsibility for self-care and self-development as a midwife
- Appropriately delegate aspects of care and provide supervision
- Use research to inform practice
- Uphold fundamental human rights of individuals when providing midwifery care
- Adhere to jurisdictional laws, regulatory requirements, and codes of conduct for midwifery practice
- Facilitate women to make individual choices about care
- Demonstrate effective interpersonal communication with women and families, health care teams, and community groups
- Facilitate normal birth processes in institutional and community settings, including women's homes
- Assess the health status, screen for health risks, and promote general health and well-being of women and infants
- Prevent and treat common health problems related to reproduction and early life
- Recognise conditions outside midwifery scope of practice and refer appropriately

- Care for women who experience physical and sexual violence and abuse

2. PRE-PREGNANCY AND ANTENATAL

- Provide pre-pregnancy care
- Determine health status of woman
- Assess fetal well-being
- Monitor the progression of pregnancy
- Promote and support health behaviours that improve well being
- Provide anticipatory guidance related to pregnancy, birth, breastfeeding, parenthood, and change in the family
- Detect, stabilise, manage, and refer women with complicated pregnancies
- Assist the woman and her family to plan for an appropriate place of birth
- Provide care to women with unintended or mistimed pregnancy

3. CARE DURING LABOUR AND BIRTH

- Promote physiologic labour and birth
- Manage a safe spontaneous vaginal birth; prevent, detect and stabilise complications
- Provide care of the newborn immediately after birth

4. ONGOING CARE OF WOMEN AND NEWBORNS

- Provide postnatal care for the healthy woman
- Provide care to healthy newborn infant
- Promote and support breastfeeding
- Detect, treat, and stabilise postnatal complications in woman and refer as necessary Detect, stabilise, and manage
- Provide family planning services

Adapted from (ICM's Essential Core Competencies, 2019)



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